

Newsline Extra

Southwell U3A

September 2021 - No 21



Southwell u3a Open Day
August 15th 2021



From the Chair

From the Retiring Chair, Marjorie Bramhill

There were insufficient members present for the AGM to go ahead in August. The AGM will now be held on Tuesday, 7th September 2021. The meeting is scheduled to start at 9.30am on zoom, and if there are insufficient numbers of members present at that time, we will wait for 30 minutes and do a recount. If there are still not the required 20% of our membership – those present at 10am will constitute a quorum and we will be able to complete the AGM. This complies with our Constitution.

The **Southwell u3a Open Day** was a great success. The weather was fine and we had a good selection of our Groups present. Peter Harris of Southwell Town Council was present and pleased to see the market place being used on a Sunday. Bunting, in blue and yellow - u3a colours - decorated the stalls, made by Annabel Kingsbury. There were many visitors wanting to know about us, and we were able to recruit members – until we ran out of Membership Forms. Three music groups were present providing light entertainment. Cups of tea and coffee were much appreciated, and our visitors were able to talk to Group Members from these groups - Books, Poetry, Photography, Woodwork and chat, Flower Arranging, Jewellery making, Church Visiting, Cycling, Art History and Drawing. There were leaflets about u3a – and possible new members took away details for finding out more about u3a.

Looking forward to better times – the committee will be considering how to arrange our Monthly Meetings again. This will mean that we have to make sure all members feel comfortable in a large meeting, we need a new team for both the refreshments and for the microphones and screen projections we used to have. Volunteers to help would be welcomed with open arms – please contact any member of the committee if you can help (Phone numbers are on the Contact List published in Newsline).

Best wishes to you all



The 15th Annual General meeting of Southwell u3a

will be held on Zoom at 9.30 am on Tuesday 7th September 2021

The AGM was postponed in August as we did not have a quorum. The AGM has therefore been rescheduled. The meeting will open at 9.30 am but members should note that in order to comply with our constitution it is possible that the proceedings will not begin until 10.00am. The AGM will then take place regardless of whether the required number of people are present or not. Therefore, please log in by 10.00 am at the latest.

If you are not able to attend the meeting, please send any apologies to chairman-su3a@gmail.com

The Zoom link will be emailed to members before the meeting. The agenda is available online [Annual General Meetings - Southwell U3A](#) and is the same as that previously emailed to members apart from the date.

Nadina Lincoln, Secretary



Woodwork and Chat

Tea and coffee stall.



Instead of celebrating u3a Day in June we held our Open Day on Sunday 15 August in Southwell Market Square celebrating u3a and showcasing many of our groups' activities, including excellent performances from the Folk Song, Ukulele and Recorder Groups. Other Groups also had stalls showing what they do, including Woodwork, Art History, Flower Arranging, Jewellery Making, Photography, Drawing, Literature and Book Groups. Happily the weather gods smiled on the event which brought out many interested members of the public and quite a few potential members, 22 joining on the day and many more taking away membership forms.



Recorder Group.

Annabel Kingsbury at her Jewellery and Flower Arranging stall.



New member
Noble Jayasuriya



Ukulele Group

Next month's speaker

Chris Bentley

We are very privileged that the Dean of Southwell Minster, the Very Revd Nicola Sullivan, is taking time from her busy schedule to talk to us at our Monthly Meeting on 7 September. Her topic will be Cathedrals in the Modern Age. We had booked her to speak to us back in September last year but of course that was cancelled and we then rescheduled her talk to a time when we thought we could meet again in person. Unfortunately yet again her talk will be by Zoom but please make an effort to join the meeting this time as we are very unlikely to get another opportunity to engage with her in any capacity any time soon. If you haven't joined a Zoom meeting before don't be put off as it really is very easy. You'll get an invitation by email and then all you have to do is click on it and follow the very simple instructions.

Future Social Events

The Social Events Committee

QUIZ

Monday 18th October

2pm

At Southwell Rugby Club

Park Lane, NG25 0QN

£3.00

Tea, coffee and cake provided

Tickets available from

Jackie Pitcher 01636 813471 jackie@bobpitcher.plus.com

Come along and join in,

teams can be arranged as you arrive

We are continuing our **coffee mornings** in the garden at Southwell Garden Centre, Fiskerton Road, Southwell from 10am.

If you wear your u3a membership badge you will easily be recognised by the others.

The dates for the next ones are-

9th September 2021

23rd September 2021

You are invited to join us for a get-together and a chat.

RESULTS OF SURVEY REGARDING THE RESUMPTION OF “LIVE” MONTHLY MEETINGS

Brian Platts

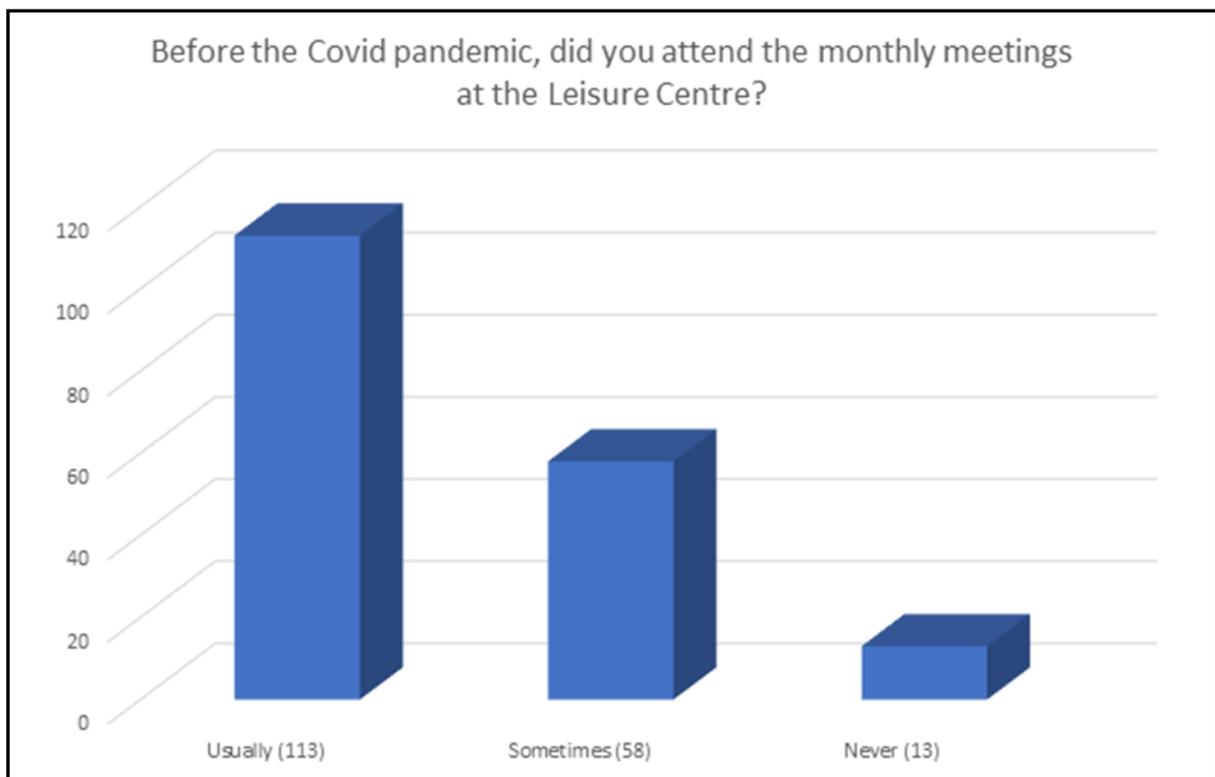
Firstly, a big thank you to all of you who responded to the email survey of members’ opinions regarding how we should hold future monthly meetings. Almost 200 members have now replied and, although still a minority of the total membership, it would certainly appear to be a big enough response to guide our future plans.

The results are presented below as 3D block graphs (thanks Rik Ludlow!). The obvious conclusion is that a large majority of members would like to see a resumption of meetings in the Leisure Centre, provided that Covid infection rates allow us to do so. A large majority of members would also like to see the provision of “hybrid” live and broadcast meetings, if technically possible. Although there is some support for Zoom meetings alone, they are clearly not popular with a substantial number of members.

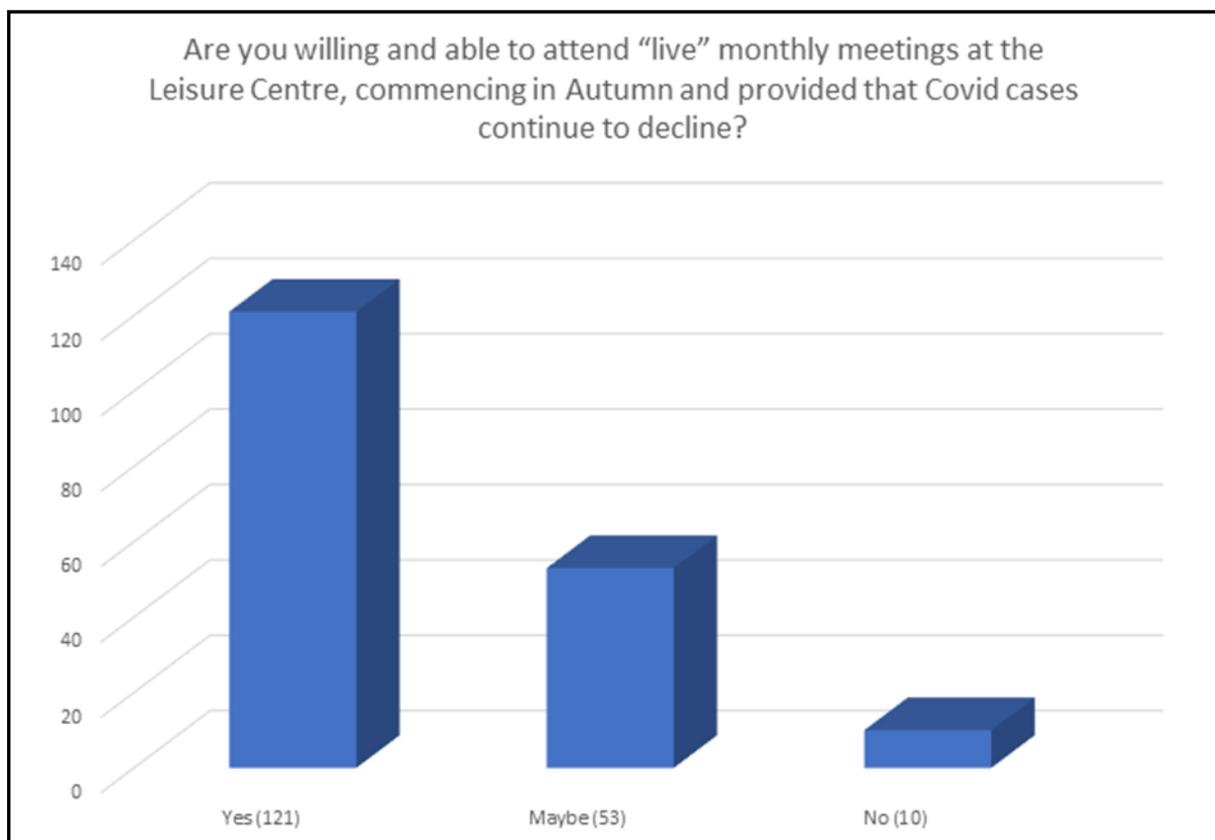
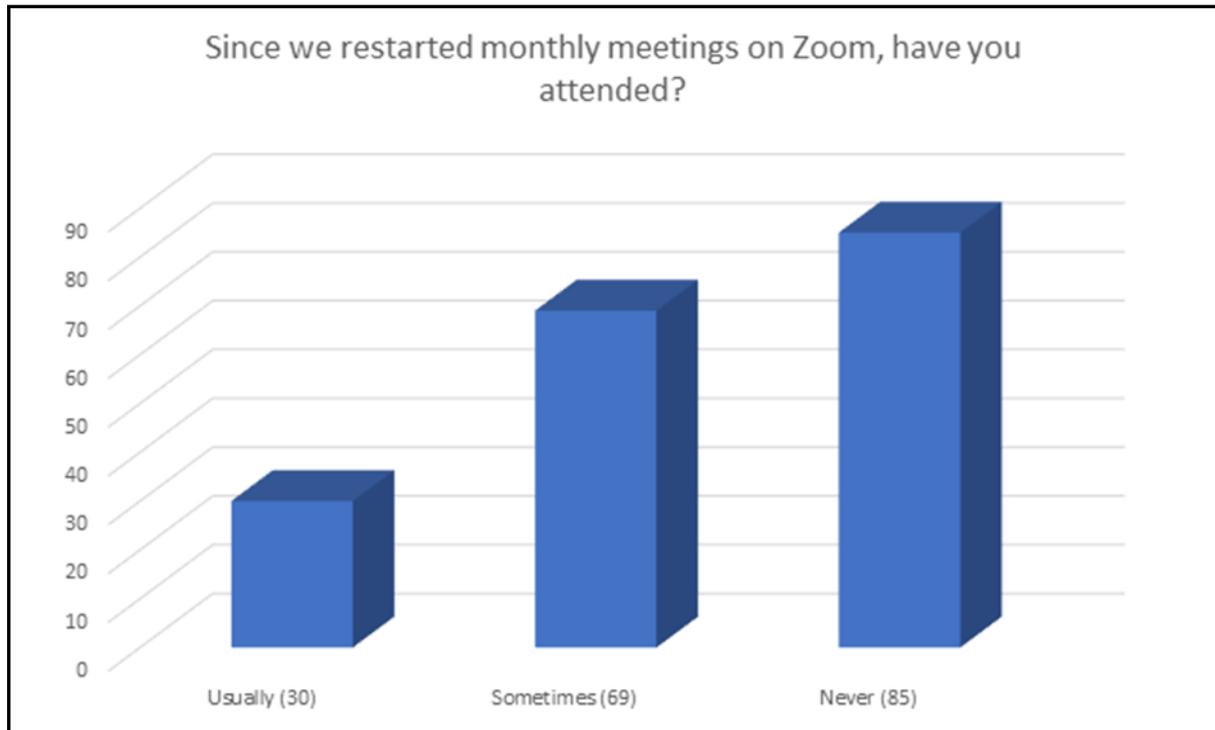
In response to the survey results, Nadina Lincoln will now lead a small group to put together a plan for the resumption of monthly meetings in the Leisure Centre. This will be quite a task, as we wish to make the meetings as inclusive as possible, whilst recognising that some members will still be unwilling or unable to attend, due to personal choice or circumstances. We will also need to put in place additional measures to mitigate any residual risk of Covid infection. Clearly though, that risk can never be reduced to absolute zero. We also need to recruit new AV and catering team members, to replace those who have recently retired or resigned – any volunteers please email nadina.lincoln@gmail.com asap.

We will keep you informed of our progress but the necessary caution and planning required will mean that we will not be resuming meetings in the Leisure Centre until at least October or November.

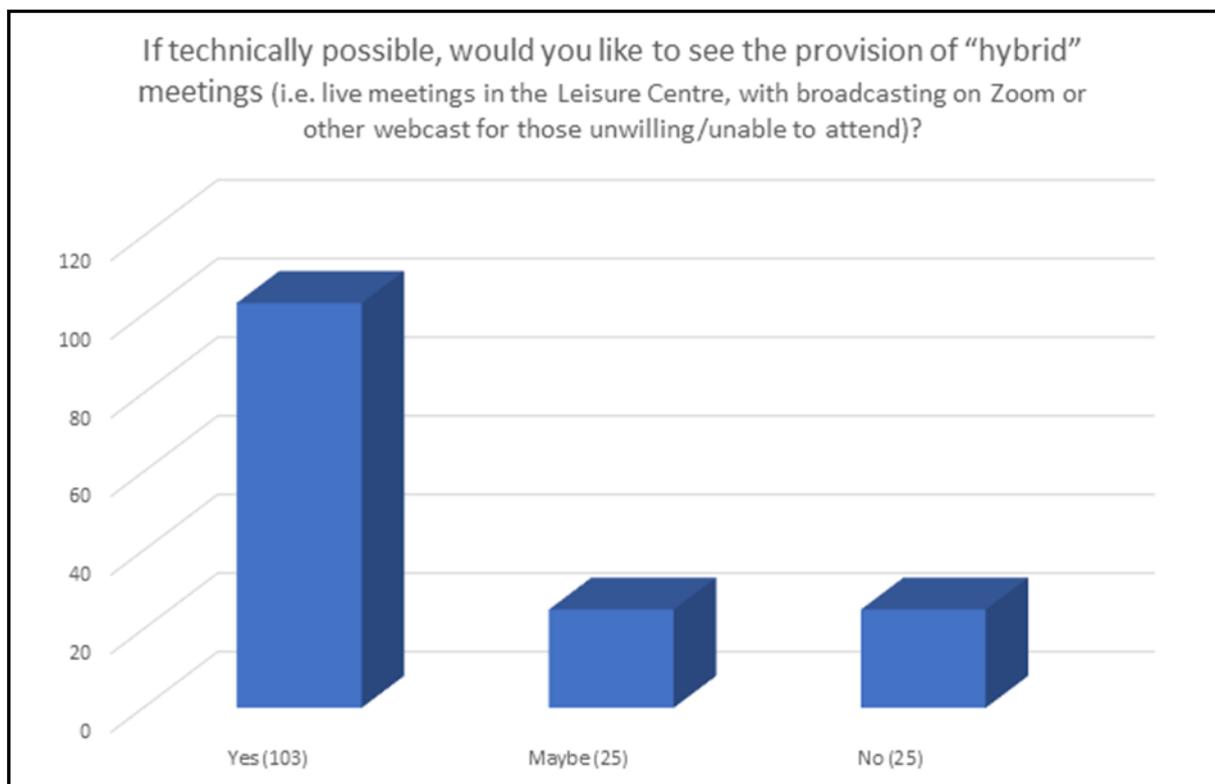
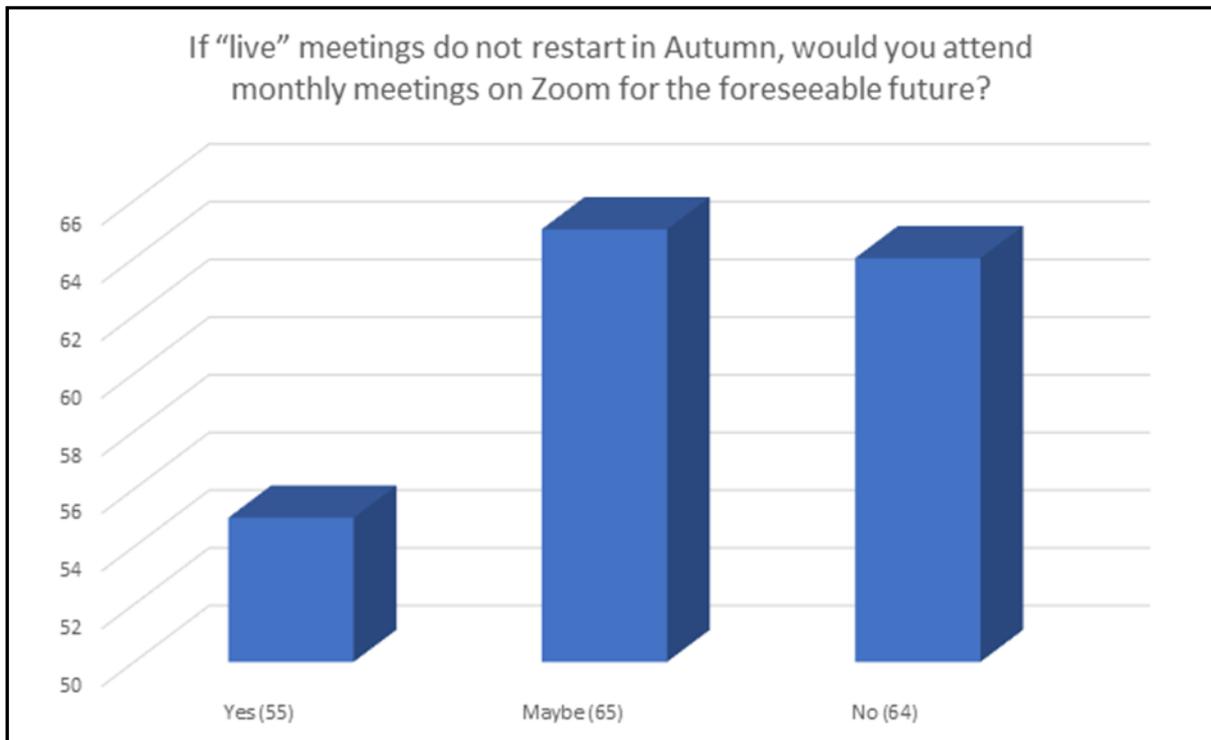
Thanks again for taking part in this process.



RESULTS OF SURVEY REGARDING THE RESUMPTION OF “LIVE” MONTHLY MEETINGS (continued)



RESULTS OF SURVEY REGARDING THE RESUMPTION OF “LIVE” MONTHLY MEETINGS (continued)



Group News

U3A Medium Walks Group

Richard Ashbery

Medium Walks group are looking for more members. Walks are centered around Nottinghamshire, 7-8 miles in length during the warmer Summer months, 6-7 miles during Winter when muddy conditions prevail and may include some stiles and inclines. Pre-Covid we would finish the walk with a pub lunch but for the time being it's been a picnic lunch. A survey is carried out before the actual walk.

Walks start at 10:00am and held on the fourth Wednesday of the month.

Details are sent by email a week before the walk and if I remember a reminder is sent a few days before.

To join please contact Richard Ashbery at richard.ashbery@uwclub.net

Woodwork and Chat

Barry Charlesworth

At Woodwork and Chat we have just made a planter box with an inscription to remember Malcolm Kirk who was a First Responder in Southwell for 18 years. We have set it up near the entrance to Crink Lane and the group can be seen planting it up. Hopefully u3a members and everyone will notice it as they pass by in the coming months.



Poetry group,

Tom Chamberlain

Here is a short poem, written for the poetry group, an acrostic on ITALY, which may remind members of holidays long ago.

In the south, down where lemons grow,
Tramping their great boot into the middle sea,
Apennines and Dolomites, full-length,
Lie languid, all knees and elbows,
Yellow under the thunderous sun.

Flower Arranging Group

Annabel Kingsbury



Group News (continued)

Family History Group

Roger Hancock

We will continue to meet on Zoom for the rest of this year. The next meeting of the Family History Group is on 20th September from 2pm to 4pm when we look at The Influence of place, occupation, and status on the mobility of our ancestors. Often when you are carrying out family history research, you find a record which is distant from the birthplace of your ancestor. We look at reasons why this might or might not be your ancestor and what you need to consider in order to make an assessment. This session is about looking beyond the record.

Programme for the Rest of this Year

20th Sep	A Sense of Place - Influence of place occupation and status on mobility
18th Oct	Researching London Records - Martin Read
15th Nov	1. Getting the Most out of Victorian Maps
29th Nov	2. Using WikiTree - a Practical Guide
17th Dec	Christmas Quiz

New Family History beginners' course starts this Month

The Family History Group will also be starting an eight session Family History beginners' course on the 6th September at 2pm to 4pm on 1st Monday in the month. There is no charge for the course, but you will need to be members of the Family History Group. From September, the fees for Family History Group membership for the remainder of the year until the end of March 2022 will be just £7.

If you wish to join us either at our regular monthly meeting or join our new beginners' course, please contact me, we still have a one or two places left.

tel .01636 830267 email roger@silverhost.co.uk

Church Visiting (CVG):

Chris Bentley

The CVG met in June for the first time since February 2019 with a visit to Owthorpe church and a picnic in nearby woodland owned by one of the members. In July the Group visited the magnificent church at Brant Broughton, rated as one of the top 100 churches in the country in Simon Jenkins' England's Thousand Best Churches. The Group also visited the nearby tiny church at Stragglethorpe and the church at Barnby in the Willows where another picnic in the churchyard was enjoyed.



The next trip will be on 31 August visiting churches at Balderston, Coddington and Beckingham. Further trips on 29 September and 29 October will visit Norton Disney, Bassingham, Carlton le Moorland, Farndon, Hawton and East Stoke.

More information is on the u3a website or contact Chris Bentley on 01636 813300.

Astronomy Group

Sue Whibley

The Astronomy group will resume holding monthly meetings in Southwell Library on the fourth Thursday of each month, starting on 23rd September 2021 at 10am.

History of Art

Dinah Foster

Please note that there was a typographical error in the August issue of Newslines.

The History of Art group meets every third Tuesday afternoon of the month, 2-4pm. Meetings will be recommencing in Southwell Library Meeting Room on Tuesday October 19 and monthly thereafter.

New members are welcome. Contact Dinah on 0772 502 4837."

Group News (continued)

SWIG

Paul Wilkinson



SWIG SUMMER LUNCH 1st August 2021

at Peter and Mary Somerville's

MENU

CANAPES

CHAPEL DOWN BACCHUS SPARKLING WINE

Fresh with some acidity; floral, citrus and grassy aromas.

PIEDMONT ROASTED PEPPERS

VINASOL ROSADO 2019

A delicate rosé from Catalunya offering strawberry, raspberry and pear fruit flavours with just a touch of almond on the finish. Citrus notes and a mouthwatering crispness of flavour keep the wine fresh and balanced.

CHICKEN MISSENA

TOURAINNE ROUGE TRADITION

Domaine de la Renaudie, 2018 (Loire)

50:50 cabernet franc and cot (Malbec)

New Potatoes

Green Salad

Tomato and Pomegranate Salad

Fancy Coleslaw

STRAWBERRY PAVLOVA

JURANCO 2017

Sweet white wine with acidic and honey tastes, aromas of tropical fruit. Gros Manseng grape from French Pyrenees.

CHOCOLATE, CARDAMOM & HAZELNUT TORTE

ALCYONE – URUGUAYAN SWEET WINE

Combines two different techniques in making dessert wines, Barolo chinato and Marsala. Wine from the Tannat grape is aged for several years in French oak barrels and is then aromatised with roots and herbs.

This results in a wine with a radiant purple hue and honey like texture with polished tannins. Touched with a bouquet of winter flowers, Madagascan vanilla bean and wild apple mint indulged with a warmth and savour of white cacao soufflé. Chocolate, delicious and with a long finish.

CHEESEBOARD:

COCKBURNS NO.1 SPECIAL RESERVE PORT 2014

Stichelton

Baron Bigod

Lincolnshire Poacher

Cotherstone

I am now opening booking for the first concert coach trip of the new season:

Friday 1 October, 7.30pm

The Hallé

Sir Mark Elder	conductor
Dame Imogen Cooper	piano
Vaughan Williams	Fantasia on a Theme of Thomas Tallis
Ravel	Piano Concerto in G
Sibelius	Symphony No. 2

Please can I have separate booking forms and cheques made out to Southwell U3A as soon as possible. These concerts are normally priced with coach included at: Band A seats £33, Band B seats £29 and Band C seats £27.

Details and booking forms have been emailed to all on the circulation list.

Any questions please contact Roger Bennett, tel: 01636 830610 bennettsrandc@btinternet.com

Changeword Puzzle 6

The rules are simple in this puzzle; in each line there are five simple definitions the answers of which form a sequence of five letter words in which one letter changes each time.

Example:

Clues: Used a Car – Small Wood – Serious – Yearn For – Wooden Packing Case

Answers: DROVE – GROVE – GRAVE – CRAVE - CRATE

Now you try it (Answers on the Back Page)

CLUES

1. Play Unfairly – Container – Heraldic Topknot – Salad Garnish – Board Game
2. Sorcery – Mad – Unthinking Terror – Carthage Related – Of Norse Writing
3. Not Interested - Showed Displeasure – Greeted Monarch – Intimidated – Pulled
4. Moved by Wind – Funny Man – Kingly Symbol – Got Taller – Animal Noise
5. Time Period – Food Entrance – Lincs Town – Yobs – Fights
6. Direction – Value – Scottish River – Defensive Buildings – Baptismal Bowls
7. Lesser – Worthless Person – Used in Eye Surgery – Light Beer – Telecomm Device
8. Popular Coffee – Woodwork Tool – Supple – Liquid Measure – Clerical Hat
9. Iconic London Building – Large Fish – Very Plain – Large Bird – Tale
10. Inclined Against – Smallest – Animal – Explosive Force - Brag

Here's a recipe from one of our CDWM sessions earlier this year. Cacciatore means hunter in Italian and so this is a hunter's stew. Hunting chickens may not have been sufficiently challenging and so the original version may well have contained rabbit or game birds – feel free to adapt the recipe as you wish.

CHICKEN CACCIATORE

Ingredients – serves 2

1 tbsp olive oil 1 red onion cut into wedges
2 peppers – red and yellow, deseeded and cut into strips
1 garlic clove – chopped
4 chicken thighs, skin on and bone in
400g tin of chopped or cherry tomatoes Pinch of chilli flakes (optional)
2 sprigs rosemary or 2 tsp dried oregano
25g pitted kalamata olives Salt & pepper
Spaghetti – enough for 2



Method

Pre-heat oven to 200⁰C/Fan 180⁰C

Heat a tbsp olive oil in a large frying pan over medium heat. Add onions and peppers and fry for 3-4 mins or until slightly softened. Add garlic and fry for another minute. Tip the peppers and garlic into a large ovenproof dish.

Drizzle the chicken pieces with some olive oil, season them well, then add to the pan and fry until golden brown all over. Place the browned chicken on top of the onions and peppers in the oven dish.

Pour the tomatoes into a frying pan, add chilli flakes (if required) and season, warm the tomatoes for a minute over a low heat. Tip tomatoes into the oven dish and add rosemary/oregano. Cover with foil and bake in oven for 30 mins.

After 30 mins, remove foil and scatter the olives into the dish and bake uncovered for another 15 mins, or until the chicken is cooked through.

Serve with cooked spaghetti on a warm plate.

Enjoy!!

Changeword Puzzle 6 Answers

- | | |
|--|---|
| 1. CHEAT – CHEST – CREST – CRESS – CHESS | 6. NORTH - WORTH – FORTH – FORTS – FONTS |
| 2. MAGIC – MANIC – PANIC – PUNIC - RUNIC | 7. LOWER – LOSER – LASER – LAGER – PAGER |
| 3. BORED – BOOED – BOWED – COWED - TOWED | 8. LATTE – LATHE – LITHE – LITRE – MITRE |
| 4. BLOWN – CLOWN – CROWN – GROWN – GROWL | 9. SHARD – SHARK – STARK – STORK – STORY |
| 5. MONTH – MOUTH – LOUTH – LOUTS – BOUTS | 10. LEANT – LEAST – BEAST – BLAST - BOAST |