



THE UNIVERSITY OF THE THIRD AGE

NOTTINGHAMSHIRE NETWORK

NEWS BITES! APRIL 2019

Sharing ideas across 32 U3As in Nottinghamshire

PEER SUPPORT GROUPS

If your U3A would like to host a Peer Group event please contact Paul Martinez pkmartinez14@gmail.com

Ageing Well Conference

Please put **19th October 2019** in your diary. Planning is now well advanced for the first Nottinghamshire Network Ageing Well Conference. We are planning a packed agenda - details to come later. The conference will be open to all Nottinghamshire U3A members. More details will be published as and when available with **booking opening in June 2019**. In order to ensure that the day runs smoothly, we need some volunteers to marshal on the day. This will involve helping delegates find the right rooms for break-out sessions, meeting and registering delegates and generally helping out on the day. Our volunteers will get the first choice of break-out sessions to reward them for their efforts. To register as a volunteer (you will still need to book a delegate place when booking opens in June), please send an email to Paul Fileman - paul.fileman@btinternet.com

Classical Music and Peer Support



The Notts Network demonstrated its potential strength in impressive style on Saturday 6 April. Leaders from classical music groups across the county met at Nottingham's Royal Concert Hall to discuss ways in which experience and knowledge could be shared and linked to the Nottingham Classics series of orchestral concerts. After a welcome by Notts Network Chair Rosie Allen and talks by Arnold U3A's William Ruff and the Royal Centre's Neil Bennison, group leaders were invited to the Hallé orchestra's concert that evening as well as the rehearsal beforehand and the pre-concert talk by conductor Sir Mark Elder. It is hoped that this strengthening of links between U3As and with the region's leading arts venue will lead to further exciting developments.



William Ruff (Arnold U3A)

U3A National Finance Workshop in Nottingham

Please note that the U3A National Office is organising a Finance Workshop in Nottingham on Tuesday 23rd April. If you would like to attend, you will need to book a place by going to the National U3A website and follow links to Events and then Workshops. Alternatively, click on this link: <https://workshops.u3a.org.uk/>

Welcome— New U3A—Calverton

A new U3A is to be launched in Calverton on Wednesday 22nd May at 1.30 pm at the Village Hall. Any offers of helpers on the day would be very much welcomed. Please contact Rosie Allen on rosieallen21@outlook.com.

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THIRD AGE TRUST

National Volunteer Survey

As part of starting in her role, the Trust's Volunteering Officer, Eleanor Hazlewood conducted a brief survey amongst the Trust Volunteers. The aim was to try to discover what people like about their roles, what, if any, changes they would like to see and what motivates members to volunteer with the Trust.

The survey was sent to 250 volunteers who fulfil the range of roles for the Trust from starting up new U3As to providing subject advice and supporting the implementation of Beacon. Over 100 volunteers responded.

The majority expressed a high level of satisfaction with their roles and the contribution that they make to the U3A Movement. The primary motivation for volunteering was to support other U3As (83%), with a secondary motive of supporting the Third Age Trust (60%).

In addition volunteers said that they hoped to meet new people (20%), learn more about the movement (20%), and put the skills gained in their working lives to good use (40%). Volunteers said that the support that they would like from National Office includes: more regular communication; a more co-ordinated approach to deploying volunteers; and guidance as to the expectations as to their different roles. Eleanor commented: 'I am really pleased to have had such a wonderful response from volunteers. It has given me real insight into the experience of Trust Volunteers and some of the work that I need to do.'

Please forward items for News Bites to lynne.jaremczenko@ntlworld.com by the 15th of every month.

