

Newsline Extra

Southwell U3A

August 2021 - No 20



Short walking Group on their July walk, with a beaming Marjorie Bamhill, current Chair, out in front. This was a circular walk from the Newfield Dairy Ice Cream Parlour, Hockerton. More photos inside

From the retiring chair

Marjorie Bramhill

(for the last time – my 3 years are up at AGM on 3rd August 2021)

Don't worry – I have been nominated to stay on the committee – as Vice Chair, and there will be a new committee voted in. We hope to get our u3a up and running as a successful and vibrant organisation, starting with our **Open Day on the Market Square on Sunday 15th August**. Bring along a friend to meet us. There will be groups there and musical entertainment – and maybe a free cup of coffee or tea too.

It has been a pleasure to be a Chair – despite lockdown – and I now have a better idea how everything fits together. The support of members has helped me before and during lockdown. It has not been easy, but just think of all the new skills I have acquired – zoom ology being increasingly important. I did think of visiting all the groups during my stint, but when I counted up how long it would take – I couldn't get round them all. But I did meet a lot of members and we have had success with zoom meetings at least. Some groups have started to make plans to meet up in person.

The proposed **Monthly Meeting for September** at the Leisure Centre has been postponed while we evaluate the situation regarding meeting up indoors with a large meeting. But, fingers crossed, it will be happening soon. We will have to reclaim all our equipment which went into storage during lockdown (it's a bit like moving house). And also complete the risk assessment, which group leaders are also doing at the moment.

The new committee room is available for small groups – details on the website <https://www.southwellu3a.com/>. It is more accessible than the old room as it is on the first floor of Minister Chambers – not the top floor. It will help us to be able to continue to pay for the room if groups can use it for small meetings which will be at a reasonable cost, it is also used to store all the u3a equipment used by u3a groups. There is also a photocopier which group leaders can use if they want to print out documents for their group – no charge for this.

The AGM will take place on zoom on 3rd August 2021 – Brian Platts will be doing a piece for future Newslines if voted in as new chair.

Best wishes Marjorie

Regular coffee mornings

Viv Barnett

Coffee mornings for any member to attend will be held every second Thursday of the month at Southwell Garden Centre on Fiskerton Road from 10am. Please come along and meet up and enjoy some company.



SOUTHWELL u3a
AGENDA FOR THE 15TH ANNUAL GENERAL MEETING
To be held on Zoom at 10am on Tuesday 3rd August 2021

1. Apologies for absence
2. Chair's opening remarks
3. Minutes of the AGM held on 23rd October 2020
4. Chair's report and adoption of the report.
5. To receive and adopt the statement of accounts 2020/21
6. To appoint AP Accounting as auditors for the accounts 2021/22
7. To elect the Officers and Committee of the Southwell u3a for the period August 2021 to August 2022
8. Vote on proposed changes to the constitution
9. Vote on proposed changes to the timing of subscription payments
10. Vote of thanks to retiring committee members
11. Any other Business

Southwell u3a community news

People can access information about Southwell u3a via the website

<https://www.southwellu3a.com>, there is an exclusive member's section, which should only be shared with members of Southwell u3a, <https://www.southwellu3a.com/members-area.html>. It is password protected please note this password should not be shared

Visit our Facebook page and post items of interest to share with other members, especially useful if you want to announce something before the next Newline or meeting <https://www.facebook.com/groups/southwellu3a>.

U3a community news

As we start to move back into something approaching normal activities for some people there are opportunities for Southwell u3a to develop new groups or restart groups that might have closed due to falling numbers. U3a.org.uk has plenty of help and advice with links to national advisors on many subjects.

For example for birdwatching the u3a resources DVD Library has 13 items to help with sight and song identification. The RSPB website www.rspb.org.uk and the BTO website www.bto.org are invaluable information sources, as is the Wildlife Trusts website www.wildlifetrusts.org.

Our July Speaker: Mystery and Mayhem in Notts Villages

Chris Bentley

At our July meeting we were expecting to hear about the history of the guitar but unfortunately the speaker had to pull out at the last minute. Luckily local historian Bob Massey was able to step in at very short notice to give us a talk about the dark goings on in Notts villages in times gone by. And what goings on they were and thank goodness we do not live in such times! Plague, murder, famine, even cannibalism in 1316, infanticide, freezing to death, the iniquity of absolute power exerted by people of class over ordinary people, the cruel punishments for minor infringements and the tragedies brought about by pregnancies out of wedlock and mental illness, these were just a few of the awful fates that local people inadvertently fell victim to. But what I can't forget were the Victorian period "death photographs" where impoverished people who wanted to have a souvenir of their dead children had photographs taken of their surviving children together with the recently deceased arranged to look alive. Something to think about, maybe, during our current pandemic. But thanks to Bob for giving us a very interesting, if macabre, talk.

Our next Speaker on 3 August is Bob White, former PR Chief at Nottingham City Council, who will talk about what goes on behind the scenes at the Council.



u3a Open Day 15 August, Southwell Market Square, 11.00am - 3.00pm

We had expected to restart our face to face monthly meetings, our trips and most of our group activities by September. Sadly, with rising Covid infections, that still doesn't seem possible yet, However the committee feels that we should still celebrate what we do in our u3a and on 15 August (11.00 am – 3.00 pm) we will set out our stalls in the Market Square to allow people to ask who we are, what we do and why we do it. And hopefully we will remind members that we haven't gone away and if possible we will recruit new members. And there will be FREE tea and coffee! (That is if we can sort out where to get water and power from! Which, don't worry, we will!)

So, come and support us on the day, bring neighbours, bring friends and relatives, and above all if you know someone who isn't a member but might like to be please tell them to come and see us.

Workshops have been organised regularly in the past for members and it is hoped that these can start again in 2022 as will other social activities, if you have any suggestions for topics please let any member of the committee know.

Group News

How lovely to have so many Groups meeting up again, and such a lot of photos—very exciting

Cycling for Fun

Dave Johnson



Photo taken in Sherwood Pines



Having a 'Pit Stop' at the Ice Cream Parlour

Southwell U3A Cycling for Fun group was formed during the spring of this year with its inaugural ride on Thursday 6th May attended by 10 members. Because of lock down restrictions, we cycled in two groups on this occasion along Southwell Trail to Bilsthorpe, through Bilsthorpe and Hexgreave Park to Farnsfield. After coffee we returned to Southwell along Brickyard Lane and the Trail.

Since then, we have cycled every second Thursday with several trips off-road to Sherwood Pines and a couple of road trips via Bleasby café, one via Rolleston and the other via Holybeck Nursery and Thurgarton. We have also visited the Newfield Farm Ice Cream parlour with a trip via Averham and Bathley and our latest trip took us to Hockerton, Winkburn, Maplebeck, Eakring and Bilsthorpe.

We usually cover between 15 and 17 miles, visit a café for tea and cake, have a jolly good chat and a laugh and so far generally avoided the rain.

History of Art

Dinah Foster

The History of Art Group will be reconvening meetings in the library from October 2021. The first meeting on October 19 will be to discuss the programme for the year ahead after cessation of the programme due to Covid in March 2020. New members are most welcome we meet on the 3rd Thursday of each month at 2pm

Literature Group

Dinah Foster

Meetings are recommencing in the library meeting room from August our first meeting there is August 18. All other meetings will be in the library as usual on the third Wednesday morning (10-12) of every month.

Group News Continued

Flower Arranging

Annabel Kingsbury

This recently formed group is proving to be a very popular and enjoyable activity. We recently met for our third meeting and below are photos of some of our creations. We meet every 4th Tuesday afternoon at 2pm, at present we are meeting in members homes, but hope to transfer to a hall when they begin opening their doors again.



There are a mixture of abilities in the group, some who have experienced flower arranging before and others who are complete novices.



New Family History beginners' course from September

Roger Hancock

The Family History Group will also be starting a new Family History beginners' course from September this year at 2pm to 4pm on 1st Monday in the month, please note these will not be face to face meetings they will be on Zoom. This eight session course is ideal for those starting out in family history or just those requiring a "refresher". The course is suitable for both people who have no or limited experience in family history research and are just starting or those who just fancy a refresher of the basics. The aim for group members is to be able to carry out

their own research effectively by the end of the course. Subjects covered include planning research, civil registration, censuses and parish registers. Sources and techniques will be demonstrated. There will also be the opportunity to progress your own family history helped by others from our u3a Family History Group during the sessions. There is no charge for the course, but you will need to be members of the Family History Group. From September, the fees for family history group membership for the remainder of the year until the end of March will be just £7.

If you wish to join us either at our regular monthly meeting or join our new beginners' course, please contact me, we still have a few spaces

Group News Continued

Practical Gardening

Colin Boulter

Thoughts for August

In August prune apple & pear trees – the long straight stems that appeared this year – back to a couple of buds. This allows air through to the ripening apples, keeps the tree in check, and helps develop growing spurs for next year.



Hopefully lots of produce now being harvested – pick beetroot thinnings to enjoy while they're small but also allow neighbours to develop further. And not too late to sow colourful varieties like "Chioggia".



-They finished flowering awhile ago, but keep your camellias well watered & fed – now is when they develop buds for next year.

Whilst I have soaker hose to water the veg patch in dry times, I leave the lawn to go brown and recover when it rains again – as it always does!



Leggy lavender that's flopping will benefit from a trim this time of year – but leave some for the bees.



- And while you sip your G&T in the evening sun admiring your handiwork (like dahlia "Otto's Thrill"), think about what you might improve/change/move/plan for next year – it's never too early!



Group News Continued

Short Walks

Bob Pitcher

July's walk was an eventful circular 5 miles from Newfield Ice Cream Parlour. On a hot morning over fields full of crops, crossing the race horse gallops at Averham Park and through farm yards returning eventually to our starting point. We had slips, trips and falls with brilliant teamwork to ensure we all returned home in one piece, having had an enjoyable morning and a lot of laughs.

The next walk is on Wednesday 18th August, details to follow by email.



Ukulele group

Martin Stott

The U3A Ukulele Group will recommence on Thursday 5th August and new members and existing members will be made welcome at the Full Moon in Morton 10am. No previous experience is necessary - we are all beginners again after a long break.

Please would everyone bring any "spare" ukuleles to loan to new members and remember your £2 for coffee.

WORD PUZZLE: Just add an A or B

In this puzzle all you have to do is add an A (first column) or B (second column) to make a new word. The first clue is for one word and the second clue is a definition of a word with an A or B added at the front of the word.

EXAMPLE: CLUES: Wide - In a Foreign Place. ANSWERS: Broad – Abroad.

Now you try. Answers on the Back Page

<u>Clues: Add an A</u>		<u>Add a B Clues</u>	
1	Get On – Quantity	1	Deficiency – Without Light
2	Container – Partly Open	2	Fury – Sausage
3	Boxing Match - Concerning	3	Haystack – Building Material
4	Angry – On the Other Side	4	Speak – Dairy Product
5	Roof Space – Flying High	5	Opulent – Go Pink
6	City Area – Prize	6	Suspend – Recreational Drug
7	Us – Fascination	7	Direction - Animal
8	Sardonic – Wrong	8	Instruction – National Limit
9	River Crossing – Shorten	9	Body Organ – Large Animal
10	Major Body Part - In Front Of	10	Crucifix – Worry Persistently

u3a

Southwell

learn,
laugh,
live

No longer working full-time or raising a family? Now's the time to make the most of life. u3a gives you the chance to develop your interests, make new friends and enjoy yourself.

SOUTHWELL u3a OPEN DAY!
SUNDAY 15TH AUGUST 11:00am - 3:00pm
MARKET SQUARE - ALL WELCOME

Southwell u3a

southwellu3a.com

FREE TEA/COFFEE!

u3a.org.uk